

COMMUNITY MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Chester County Department of Mental Health/Intellectual & Developmental Disabilities
Government Services Center, 601 Westtown Road, Suite 340, West Chester, PA 19380-0990 •
610-344-6265 • www.chesco.org/mhidd

GOAL-The Mental Health Unit of the Chester County Department of MH/IDD administers publicly funded mental health services that support recovery of a full life and valued participation in the community. Guided by respect and a commitment to consumer choice, they are dedicated to working collaboratively with consumers, families, providers and other system partners to implement services.

HOW TO GET MENTAL HEALTH SERVICES IN CHESTER COUNTY?

For a Mental Health Emergency:

Valley Creek Crisis Intervention is a free, 24/7 service for all county residents regardless of insurance status. Calls are confidential and may be anonymous. Valley Creek is located at 469 Creamery Way, Exton • **Crisis Hot Line: (610) 280-3270 or toll free at 877-918-2100** • A consumer-run Warm Line is for non-emergency conversations with trained Peer Specialists: 1-866-846-2722.

Valley Creek Crisis Center provides: Telephone Crisis Counseling • Walk-In Center • Community-Based Mobile Outreach • Adult Crisis Residential Program, which provides short-term (up to 10 days) voluntary residential care to help stabilize consumers in a mental health crisis and help avoid hospitalization.

Non-Emergency Services in Chester County:

Core providers (facilities that provide administrative direction, coordination and clinical services) complete the preliminary assessments of a person's mental health and recovery needs. Core provider agencies (**listed in bold** under services for children and adults below) develop a service plan to help get needed services and supports. If you have Medical Assistance and want information about covered services, call the number for Community Care Behavioral Health at 1-866-622-4228. The customer service representatives can offer referrals to providers for inpatient and outpatient psychiatric services.

For Child Services:

Child Guidance Resource Center

Coatesville - 610-383-5635 or toll free at 1-866-799-3325

Community Services of Devereux

Phoenixville - 610-933-8110 or toll free at 1-800-935-6789

Creative Health Services

Spring City - 610-948-6490

Holcomb Behavioral Health Systems

Exton, PA 610-363-1488

Kennett Square - 610-388-7400

(Latino Services Available)

COMMUNITY MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Chester County Department of Mental Health/Intellectual & Developmental Disabilities

Government Services Center, 601 Westtown Road, Suite 340, West Chester, PA 19380-0990 • 610-344-6265 • www.chesco.org/mhidd

Human Services, Inc.

Downingtown - 610-873-1010 or 610-873-1005, or toll free at 1-888-873-1001; Oxford - 610-998-1807;

West Chester - 610-430-6141;

Coatesville - 610-380-9982

(Latino Services at some locations)

For Adult Services:

Creative Health Services

Spring City - 610-948-6490

Fellowship Health Resources

Phoenixville - 610-415-9301

Holcomb Behavioral Health Systems

Exton, PA 610-363-1488

Kennett Square - 610-388-7400

(Latino Services Available)

Human Services, Inc.

Downingtown - 610-873-1010 or 610-873-1005 or toll free at 1-888-873-1001;

Oxford - 610-998-1807;

West Chester - 610-430-6141;

Coatesville - 610-380-9982

(Latino Services at some locations)

Penn Psychiatric Services

Phoenixville • 610-917-2200

Carelink Career Services

West Chester • 610-429-1702, ext. 102

Mental Health information, support and advocacy:

Compeer (*Recovery through Friendship*) -This chapter is an affiliate of the national non-profit organization that matches persons with mental illnesses in one-to-one friendships with caring, trained community volunteers. A program of the Mental Health Assn., Compeer also sponsors activities throughout the year. Located at the Peer Support Center, 825 Paoli Pike, West Chester • 610-436-4445 • www.compeer.mhasp.org/chester-home

Community Support Program (CSP)- This is part of a state-wide coalition of mental health consumers, family members, professionals, and community members working together to help adults with serious mental illnesses live successfully in the community. It undertakes projects, hosts activities and is involved in county initiatives. Meets monthly. Located at the Peer Support Center, 825 Paoli Pike, West Chester • 610-344-7049

COMMUNITY MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Chester County Department of Mental Health/Intellectual & Developmental Disabilities

Government Services Center, 601 Westtown Road, Suite 340, West Chester, PA 19380-0990 • 610-344-6265 • www.chesco.org/mhidd

Chester County Consumer/Family Satisfaction Team

Voice & Vision, Inc. – This team interviews those using services to identify consumer satisfaction of services and identify areas that may be improved. Team members have lived experience with mental illness as a consumer or family member. 1-800-734-5665 • www.voice-and-vision.org.

Chester County/Main Line CHADD (*Children & Adults with ADHD*)

This is an affiliate of the national non-profit that works to improve the lives of children and adults living with ADHD. The group provides support groups, sponsors events and conferences. 629 Picket Way, West Chester • 610-429-4060 • www.chadd.org

Chester County Suicide Prevention Task Force (CCSP)

This is a coalition of professionals, survivors and other stakeholders working to decrease suicide by increasing awareness. Has educational programs, holds awareness events and provides free suicide prevention trainings to the community. **CCSP** Task Force meets monthly at COAD. 930 E. Lancaster Ave, Exton • www.chestercountysuicideprevention.com • 610-344-6070

Community Crossroads Peer Support Center

This is a consumer run Drop-in Center for individuals 18 and over, through Horizon House, Inc. It's open to those seeking connections to services or supports, as well as to those already using mental health services. It provides a safe and comfortable environment to socialize and become involved in different activities, including support groups, self-help groups, advocacy groups and special interest groups, as well as activities in and outside the center. Located at 825 Paoli Pike, West Chester, the center is open weekday afternoons and early evenings. 610-429-1702.

Stages Arts Initiative

Formally Creative Expressions, this program provides creative enrichment for personal growth, wellbeing and recovery, Monthly coffee houses, held at the H.O.O.D. (House of Original Dreams) at 530 E. Union Street, West Chester, feature visual art, as well as diverse genres of live music. Participants may take part in FREE music or art enrichment sessions at Community Crossroads Peer Support Center. For more information, call 610-429-1702 or 610-344-6265.

NAMI Chester County (*National Alliance on Mental Illness*)

This chapter is an affiliate of the national non-profit organization that provides support, education and advocacy for the family members of people with mental illness. NAMI provides many free educational programs, such as the popular 12-week Family-to-Family course, as well as support groups. Located at the Peer Support Center, 825 Paoli Pike, West Chester • 484-947-5643 • email them at namichesco@comcast.net • <http://chester.nami.org/>

Child and Family Focus

A faith-based non-profit that provides mentors for parents whose children receive services. Mentors help families navigate through the various child serving systems. Also provide parent training and sibling support. Valley Forge & Kennett Sq. • 610-783-1788 • www.childandfamilyfocus.org

COMMUNITY MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Chester County Department of Mental Health/Intellectual & Developmental Disabilities
Government Services Center, 601 Westtown Road, Suite 340, West Chester, PA 19380-0990 •
610-344-6265 • www.chesco.org/mhidd

The Arc of Chester County

A local non-profit that provides advocacy and parent support groups as well as a Special Education Advocate to assist parents through school services for children with various special needs, including autism and other intellectual and developmental disabilities. 900 Lawrence Drive, West Chester • 610-696-8090 • www.arcofchestercounty.org

Psychiatric Rehabilitation Programs:

Clubhouses, designed to help people who need to develop or improve social and job skills, enable members to participate in a work-ordered day. Chester County has 2 programs:

Stepping Stones Clubhouse

1219 East Lincoln Highway, Coatesville • 610-384-6058

Cornerstone Clubhouse

224 Hall Street, Phoenixville • 610-935-2290

Boston Model Program focuses on individual skill building but are not linked so closely to work expectations. Chester County has 2 programs:

Fellowship Health Resources

723 Wheatland St., Phoenixville • 610-415-9301

Transitions at Human Services, Inc.

520 East Lancaster Ave., Downingtown • 610-873-1005

Resources for Drug and Alcohol Services:

An Information & Referral line, available 24/7 through COAD, can provide information on all local providers of services. Call toll free—1-866-286-3767. Prevention and Education Services for Chester and Delaware Counties are available through Holcomb Behavioral Health Systems, 126 E. Baltimore Pike, Media • 484-444-0412 • www.holcombprevention.org.

Legal:

Mental Health Recovery Court - This is a collaboration of the Departments of Mental Health and Criminal Justice that assists adult Chester County residents with serious mental illness arrested for criminal charges, yet ***do not pose a risk to public safety***. The objective is to have the arrested person pursue intensive mental health services instead of facing prosecution.

610-344-6290 or 6265.

COMMUNITY MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Chester County Department of Mental Health/Intellectual & Developmental Disabilities

Government Services Center, 601 Westtown Road, Suite 340, West Chester, PA 19380-0990 • 610-344-6265 • www.chesco.org/mhidd

Mental Health Support Groups, Meetings and Events in Chester County, PA:

- Every Tues & Thurs — **The Depression/Bipolar Support Group** - Tues. at 6:30 - 7:30 pm & Thurs. at 5:00– 6:00 pm at the Peer Support Center, 825 Paoli Pike, West Chester. For more info call 610-429-1702.
- Every Tues. & Thurs. — **Double Trouble**; for those recovering from addiction and mental health problems - 3:30-5:00 pm at the Peer Support Center, 825 Paoli Pike, West Chester. For more info call 610-429-1702.
- Every Tues.— **Recovery Works**; a mental health support group - 6:30-7:30 pm at the Peer Support Center, 825 Paoli Pike, West Chester. For more info call 610-429-1702.
- Every Tues. — **Celebrate Recovery; for a faith-based support** - 6:00-8:15 pm at Hopewell UMC, 852 Hopewell Rd., Downingtown. For more info call 610-269-1545.
- 2nd Mon. — **Adult MH Subcommittee of the MH/IDD Board Meeting** - 5:30-7:30 pm at the Peer Support Center 825 Paoli Pike, West Chester. For more info call 610-344-6265.
- 2nd Tues. — **Chester County Children’s Subcommittee of the MH/IDD Board Meeting** - 9:30–11:00 am at Government Services Bldg., 601 Westtown Rd., West Chester. For more info call 610-344-6265.
- 1st Wed. — **NAMI; West Chester Family Support Group** - 7:00 -9:00 pm at the Peer Support Center, 825 Paoli Pike, West Chester. For more info call 484-947-5643.
- 1st Wed. — **CSP (Community Support Program) Meeting** - Noon to 2:00 pm, the Peer Support Center, 825 Paoli Pike, West Chester. For more info call 484-239-0687.
- 1st Wed.— **ADHD Support Group**; for parents and caregivers of children with ADHD - West Goshen Municipal Bldg., West Chester. For more info go to www.chestercountychadd.org.
- 2nd Wed. — **Chester County Suicide Prevention Task Force** - 3:30 – 5:00 pm at COAD, 930 E. Lancaster Ave., Exton. For more info call 610-344-6265.
- 2nd Wed.— **Survivors of Suicide (S.O.S.)** - 7:30 pm in the Willistown Room of the Paoli Memorial Hospital in Paoli. For more info call 215-545-2242.
- 3rd Wed. — **Participatory Dialogue Committee** - Noon - 2:00 pm at Peer Support Center, 825 Paoli Pike, West Chester. For more info contact Jamie Messer smith at messersmithj@ccbh.com.
- 4th Wed.—**NAMI; Paoli Family Support Group** - 7:00 -9:00 pm at the Daylesford Abby, 220 S. Valley Rd., Paoli. For more info call 484-947-5643.
- 1st Thurs. — **NAMI; Kennett Square Family Support Group** - 7:30-9:00 pm at Friends Meeting House, Rt. 82, Kennett Square. For more info call 484-947-5643.
- 2nd Thurs. — **NAMI; Phoenixville Family Support Group** - 7:00-8:30 pm at Penn Psychiatric Center, 601 Gay St., Suite 6,Phoenixville. For more info call 484-947-5643.
- 2nd Thurs. — **NAMI; Grief & Loss Family Support Group** - 7:30-9:30 pm in Downingtown. For location and more info call 610-269-3476.
- 3rd Thurs.— **NAMI; PA Chester County General Meeting** 7:00 pm at Christ Memorial Lutheran Church in Malvern. For more info call 484-947-5643.

COMMUNITY MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

- 4th Thurs. — **MH/IDD Advisory Board Quarterly Meeting** - 6:00 pm at the Government Services Bldg., 601 Westtown Rd., West Chester, Room 149. Call 610-344-6265 to confirm meeting or for more info.
- 4th Friday — **Creative Expressions Coffee House** - 7:00-9:00 pm at The HOOD, 530 E. Union St., West Chester. Next events scheduled: September 28 and October 26. Call 610-344-6070 to confirm and for more info.

Additional Services at Chester County's Refer Web:

Find resources on a wide range of services—from employment and financial services, to shelter and legal assistance. Check it out at www.referweb.net/chesco.

*Source: Chester County Dept of MH/IDD Info via director, Dr. .Smith & Community liaison, T. Behringer;
12/2012

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

COUNTY DRUG AND ALCOHOL OFFICES- These are part of county government or contracted by the county to assist residents of their county in getting into rehabs, outpatient treatment, halfway houses, etc. The county sometimes then pays for treatment.

Chester County Chester County Depart. Of Drug and Alcohol Services
Government Services Center, Suite 325
601 Westtown Road
West Chester, PA 19380-0990
610-344-6620 (number for all human services)

Delaware County Delaware County Office of Behavioral Health
20 South 69th Street, Third Floor
Upper Darby, PA 19082-2521
610-713-2365

Montgomery County Montgomery County Behavioral Health
Montgomery County Human Services Center
1430 De Kalb Street
Norristown, PA 19404
610-278-3642

Philadelphia County Office of Addiction Services
1101 Market Street, 8th Floor
Philadelphia, PA 19107
215-685-5444

Lancaster County Lancaster County Drug and Alcohol Commission
150 North Queen Street
Lancaster, PA 17603
717-299-8023

New Jersey
Camden County 856-374-6361
Salem County 856-935-7510
Atlantic County 609-645-5932
Burlington County 609-265-5530

*Source: County Drug and Alcohol offices information verified by M. Challstrom, LCSW; 11/2012

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

INSTITUTE FOR RECOVERY AND COMMUNITY INTEGRATION:

Transforming Lives by Transforming Systems.

1211 Chestnut St., Suite 1100

Philadelphia, PA. 19107

267-507-3800

www.mhrecovery.org

recovery@hasp.org

Advancing the values of recovery, peer support, and full participation in community life.

The mission of the Institute for Recovery & Community Integration is to introduce and advance the understanding of recovery and of community integration as the catalyst for transforming individual lives, communities, and all levels of behavioral health system, in a culturally competent manner. We do this through the following:

- Workshops on recovery and community integration
- On-site Recovery Education Groups and Wellness Recovery Action Plan (WRAP) Education
- Operating Certified Peer Specialist Programs and an online forum for Peer Specialists
- Providing technical assistance to agencies, service providers, and municipalities on recovery, peer support and community integration.

The Institute seeks to establish personal empowerment, attitudinal change, skill building, self-determination, self-help, peer support, and community integration, as the foundations of behavioral health treatment, to emphasize hope, affirmation, participation, and productivity for consumers of mental health services. Education on recovery and peer support is offered to all aspects of the community, including the religious and business sectors.

Mental Health Recovery and Community Integration Training

The Institute provides on-site training and educational groups based on a community's needs, in order to facilitate personal and systemic mental health recovery and community integration. Educational presentations have been developed using Mental Health Recovery Education Curriculum developed by Mary Ellen Copeland. Further educational materials are developed based on broader perspectives of recovery emerging from the ongoing literature coming out of the mental health consumer movement and behavioral health research community. Additional content is developed with the UPenn Collaborative on Community Integration.

WRAP Training

Mary Ellen Copeland's nationally recognized self-help resource, the Wellness Recovery Action Plan, is offered as a resource for recovery. Training and support is offered to those individuals and groups developing WRAP and those facilitating WRAP groups. WRAP education is provided in partnership with the Copeland Center in order to ensure quality and fidelity to Mary Ellen Copeland's vision.

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

INSTITUTE FOR RECOVERY AND COMMUNITY INTEGRATION:

Certified Peer Specialist Program

A Certified Peer Specialist is a paid staff person with a mental health or co-occurring disorder who has been trained and certified to help her/his peers identify their specific life goals and achieve them. The Certified Peer Specialist promotes self determination, personal responsibility, and empowerment as inherent in recovery, and assists people with mental illnesses to regain control over their lives and over their recovery process. Our program seeks to implement and develop the role of Peer Support Specialists as part of the behavioral health delivery system. We accomplish this through training and technical assistance focusing on education and skill building. Training provides an experiential process for training participants to provide peer support. Building collaboration in the behavioral health service delivery system is at the heart of our services.

Technical Assistance

Technical assistance is offered for the implementation of peer specialist positions, with continuing support for peer specialists and their supervisors. This support serves to enhance the recovery focus of existing programs; to design new services based on peer support, recovery, and community integration; and to develop action plans for the transformation of the mental health system. To contact the Institute for Recovery & Community Integration, please call 610-292-9922 x114, email us at recovery@mhasp.org, or visit our interactive website at www.mhrecovery.org.

Our Partners

The Institute works in partnership with the National Mental Health Consumers' Self-Help Clearinghouse to advance the growth of mutual support programs, advocacy initiatives, and consumer-driven services. We work with the UPenn Collaborative on Community Integration's Rehabilitation & Research Training Center to facilitate a movement of people with behavioral health issues beyond simply living in the community to becoming a part of the community.

The Institute for Recovery and Community Integration is a program of the Mental Health Association of Southeastern Pennsylvania. The Mental Health Association of Southeastern Pennsylvania was founded in 1951 to advocate for people with mental illnesses. Today we are also a major provider of services and support for people with behavioral health issues who live in the community.

Institute for Recovery and Community Integration
1211 Chestnut St., Suite 1100
Philadelphia, PA. 19107
267-507-3800
www.mhrecovery.org
recovery@mhasp.org

*Source: Institute for Recovery & Community Integration information verified via director, J. Whitecraft ;11/2012

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

SELF-HELP GROUPS-SUBSTANCE ABUSE AND ADDICTIONS

ALCOHOLICS ANONYMOUS

Alcoholics Anonymous: Voluntary, worldwide fellowship of men and women from all walks of life, aiming to recover from alcoholism by sharing their experience, strength and hope.

alcoholicsanonymous.org

- National Phone # 212-870-3400
- Local Phone # 215-923-7900
- Lancaster County, PA. Phone # 717-394-3238
- New Castle, DE. Phone # 302-655-5113
- Kent County, DE. Phone # 302-736-1567
- Sussex County, DE. Phone # 302-856-6452
- Northeastern Maryland Phone # 800-570-4150

Local Group Call Centers in Pennsylvania:

Altoona

Dist. 17 Gen Serv Comm Answering Service
Main: (814)946-9002

Bethlehem

A B E Intergroup
24 Hr Hotline: (610)882-0558
Site: www.aalv.org

Bloomsburg

24 Hour Answering Service
Main: (570)387-4940

Carlisle

Cumberland Valley Intergroup
24 Hr Answering Svc: (717)422-4888
Site: www.aacarlislepa.org

Dingmans Ferry

District 62 Answering Service
Main: (570)296-5344

Dubois

Dubois Answering Service
24 Hr Answering Svc: (800)400-2300

Erie

Erie Area Answering Service
Main: (814)452-2675

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Greensburg

Dist 23 Westmoreland Cty Answering Svce
Main: (866)851-8459

Hanover

District 35/Area 59-So. Central P.A. Answering Service
Main: (800)296-9289
Site: www.d35pa-aa.org

Hanover

Hanover Intergroup
Main: (717)633-2661
Site: www.hanoverintergroup.org

Harrisburg

East Shore Answering Service
Main: (717)234-5390

Harrisburg

Harrisburg Intergroup
Main: (717)234-5390
Site: www.aaharrisburg.org

Johnstown

Johnstown Area Answering Service
Main: (814)533-5907

Johnstown

Laurel Highlands Answering Service
Main: (814)533-5907

Lancaster

Lancaster A.A. Central Service Office, Inc.
Answering Service: (717)394-3238
Site: www.lancasteraa.org

Lebanon

Lebanon Area Intergroup
Answering Service: (717)279-4989
Site: www.lpaaa.org

Lehighton

Lehighton Answering Services
Main: (800)640-7545

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Lewisburg

Lewisburg Answering Services
Main: (570)286-7436

Lewistown

Lewistown Answering Service
Main: (717)242-1517

Lyndora

Butler Vicinity Answering Service
Main: (800)434-7985

Mars

Butler County South Answering Service
Main: (724)935-7238

Meadville

Meadville Area Answering Service
Main: (814)337-4019

Mercer County

AATASC-Mercer Cnty -Srvng Sharon,Hermitage,Farrel,Greenville,Mercer,
West Middlesex,Sharpesville
Toll Free: (866)309-1090
Site: www.aatasc.net

Milford

Milford Answering Service
Main: (570)296-5344

Monesson

Mid-Mon Valley
Main: (724)489-0740

Oil City

Oil City Answering Service
Main: (800)227-2421

Philadelphia

South Eastern Penna Intergroup Assoc
Main: (215)923-7900
Site: www.sepennaa.org

Pittsburgh

Pittsburgh Area Central Office
24 Hr Answering Svc: (412)471-7472
FAX: (412)471-7476 ;Site: www.pghaa.org

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Pittston

Northeastern Pennsylvania Intergroup
Main: (570)654-0488

Pottstown

Schuylkill Valley Answering Service
Main: (610)323-3450

Pottsville

Pottsville Answering Service
Answering Service: (800)431-9315

Reading

Reading-Berks Intergroup
Answering Service: (610)373-6500
Site: www.readingberksintergroup.org

Sellersville

A.A. Upper Bucks County
Main: (215)721-3656

Sharon

A.A. Tele Answering Service Comm
Main: (866)309-1090

State College

Central Answering Service
Main: (814)237-3757

Stroudsburg

Pocono Intergroup (Answering Service)
Main: (570)424-8532
Site: www.poconointergroupaa.org

Sunbury

Sunbury Answering Service
Main: (570)286-7436

Tamaqua

Tamaqua Answering Services
Answering Service: (570)654-0488

Warren

Warren Answering Service
Main: (866)839-3401

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Washington

24 Hour Answering Service
Main: (724)225-4188

Wellsboro

Dist. 46 24 Hour Helpline
24 Hr Hotline: (800)316-2636
Site: www.aa46.org

Williamsport

Williamsport Answering Service
Main: (570)327-2860

York

York Area Intergroup
Main: (717)854-4617
Site: www.york-pa-aa.org

Local Group Call Centers in Delaware:

Dover

Central Delaware Intergroup
24 Hr Hotline: (302)736-1567
Site: www.cdiaa.org

Millsboro

Southern Delaware Intergroup
24 Hr Answering Svc: (302)856-6452
Site: www.sussexcountyaa.org

Wilmington

Northern Delaware Intergroup
Main: (302)655-5999
Hotline: (302)655-5113
Site: www.ndiaa.org

Local Group Call Centers in New Jersey:

Bordentown/Trenton

Central Jersey Intergroup
Main: (609)298-7785
Hotline: (609)298-7795
Site: www.centraljerseyintergroup.org

Cherry Hill

South Jersey Intergroup Assc.
24 Hr Toll Free: (866)920-1212
Business: (856)486-4446, Main: (856)486-4444
Site: www.aasj.org

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Egg Harbor Township/Pleasantville

Cape Atlantic Intergroup

Main: (609)641-8855

Site: www.caigrp.org

Newark

Officinal Intergrupal Hispania New Jersey

Main: (973)824-0555

Site: www.alcoholicosanonimosnj.org

Union

Intergroup Of Northern N.J.

Main: (908)687-8566

Site: www.njja.org

Local Group Call Centers in Maryland:

Aberdeen

Northeastern Maryland Intergroup

Main: (410)272-4150

Site: www.nemdaa.org

Annapolis

Annapolis Area Intergroup Inc.

Main: (410)268-5441

Site: www.annapolisareaintergroup.org

Baltimore

Baltimore Intergroup Council Of A.A.

Main: (410)663-1922

Site: www.baltimoreaa.org

Charlotte Hall

Southern Maryland Intergroup

Main: (800)492-0209

Site: www.somdintergroup.org

Cumberland

Western Maryland Intergroup

24 Hr Toll Free: (866)722-6110

24 Hr Phone: (301)722-6110

Easton

Midshore Intergroup

Main: (410)822-4226

Site: www.midshoreintergroup.org

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Frederick

West/Central Intergroup Of Md.
Main: (301)662-0544
Site: www.westcentralaa.org

Hagerstown

Hagerstown Area Intergroup
24 Hr Answering Svc: (301)733-1109
Site: www.hagerstownaa.org

Ocean City

Ocean City Fellowship Intergroup
Toll Free: (800)339-8811
Site: www.ocaa.org

Salisbury

Lower Shore Intergroup
Hotline: (410)543-2266
Site: www.lsiaa.org

Silver Spring

Officinal Intergrupal Hispania
Main: (301)587-6191

Alcoholics Anonymous in SPANISH

Saint Agnes Parish – corner of W Gay Street and N New Street, West Chester, PA. The meetings are on Wednesdays 7:30 – 8:30 p.m. in Day Room. For Information call: Paul 610-331-9528 or Barbara 610-692-2990

AL-ANON/ALATEEN

Website: www.pa-al-anon.org;

PHILADELPHIA	(215) 222-5244	Phone number is answering service.
PITTSBURGH	(412) 683-4279	Includes Literature Distribution Center services. Phone number is answering service.
NORTH EAST, MD (DE STATEWIDE)	(866) 460-4070	Includes Literature Distribution Center services. Phone number is answering service.

1-888-4AL-ANON (1-888-425-2666) Monday thru Friday, 8 am- 6 pm ET

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

New Jersey

HADDON HEIGHTS	(856) 547-0855	Includes Literature Distribution Center services. Phone number is answering service.
MONTCLAIR	(973) 744-8686	Includes Literature Distribution Center services.
NUEVA JERSEY ESPAÑOL	(973) 268-1260	Incluye servicios del Centro de Distribucion de Publicaciones. El número de teléfono es para servicio de respuesta.

CHESTER COUNTY

Chester County Drug and Alcohol Information and Referral

24 hour toll free
1-866-286-3767

Chester County: Drug and Alcohol Services

Prevention - Intervention - Detoxification -Non-hospital residential treatment -Halfway house - Outpatient counseling - Intensive outpatient counseling - Partial hospitalization - Hospital rehabilitation. The goal of all services provided by this Department is to increase the self-sufficiency of clients and communities. Chester County Department of Drug and Alcohol Services 601 Westtown Road, Suite 325 West Chester, PA. 610-344-6620

COCAINE ANONYMOUS (COCAINE AND CRACK ADDICTION)

A global 12-step Fellowship offering peer assistance with recovery from **cocaine** and crack addiction. Includes literature, self-help resources, and membership information. www.ca.org. Regular Meetings www.ca.org/meetings.html United States · www.ca.org/phones.html

C.A. International Referral Line at 1-800-347-8998. (*This number is a referral service for meeting information only. It is not a hotline.*) www.caphilly.org National Hotline: 800-262-2463

Pennsylvania Local Area Meetings:

Eastern PA: 215-333-7798

Western PA: 886-777-0983

Harrisburg: 401-339-0696

New Jersey Local Area Meetings:

Northern NJ: 212-COCAINE (262-2463)

Southern NJ: 215-333-7798

Maryland Local Area Meetings:

All Locations: 301-368-9202

202-368-0476

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Delaware Local Area Meetings:

All Locations: 215-333-7798

CODEPENDENTS ANONYMOUS

Philadelphia Area Intergroup of Codependents Anonymous

Serving Pennsylvania and Southern New Jersey

You may e-mail Intergroup at: codainfo@CodaPhilaArea.org

Groups in Pennsylvania:

Peace of Mind: Good Shepherd Lutheran Church

887 Street Road, Southampton, Pa 18966

Mondays 7:00-8:30PM – No meetings on major holidays

Contact: Debbie B. (215) 768-0477 debbiebay619@aol.com

The Chestnut Hill Group

105 Bethlehem Pike, Philadelphia, PA 19118

Mondays 7:30-9:00PM

Contact: Chuck S. (267) 253-9562

Capital Area 12 Steps to Recovery: Lighthouse Baptist Church

Lighthouse Baptist Church

600 N. 48th Street, Harrisburg, PA 17111

Tuesdays 6:00-7:00PM

Robin L. (717) 728-0639 bokwriter@yahoo.com

Free To Be Me CoDA Group: Hope UCC Church

1031 Flexer Avenue, Allentown, PA 18103

Tuesdays 7:00-8:30PM ;Contact: Jim V. (610) 264-7046

Paoli Group: Paoli Presbyterian Church

225 S. Valley Road, Paoli, PA 19355

Wednesdays 12:15-1:30PM, Fridays 7:30-8:30PM

Christy T. (610) 644-9145

Hilltop Group of CoDA: Easy Does It Recovery Center

1300 Leesport Road, Leesport, PA (Berks County) 19533

Wednesdays 7:30-9:00PM

Amber H. (610) 864-3680

Hope for Today: Libertae Building

5245 Bensalem Boulevard, Bensalem, PA

Thursdays 7:30-8:45PM

Contact: Rich G. (305) 519-8402 onecoolkat72@earthlink.net

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Colesville CoDA: Church of the Assumption B.V.M.

101 Old Bethlehem Pike, Bethlehem, PA 18015
Thursdays 7:30-9:00PM
Contact: Anne S. (610) 797-5352 angelanne99@hotmail.com

Learning to Live Life: St. Andrews

2725 Egypt Road, Audubon, PA
Thursdays 7:30PM
Contact: Sue T. (610) 608-2426

The Serenity Group: Methodist Hospital

2301 South Broad Street (Corner of Broad & Wolf Sts.) Philadelphia, PA
Sundays 6:30-8:00PM
Contact: Elliott H. (215) 476-1634 simchahaha@gmail.com

New Visions CoDA Group: Unity of Lehigh Valley

26 North 3rd Street, Emmaus, PA 18049
Sundays 7:00-8:30PM
Contact: Bill W. 610-704-6963 whiplbthpa@aol.com

Groups in New Jersey:

Ocean City CoDA Group: Holy Trinity Episcopal Church

30th & Bay Avenue, Ocean City, NJ 08226
Tuesdays 5:45-6:45PM
Karen kmerstfeld@yahoo.com

Starting Point: Sentry Office Plaza

215 Highland Avenue Suite C, Westmont, NJ 08108
Thursdays 7:00-8:15PM ***WOMEN ONLY***
Contact: ablaze235@yahoo.com
Fridays 7:30-8:45PM Contact: Clifford B. (856) 858-9510

Sunday SOCH Beach: Southern Ocean County Hospital

Nautilus Drive and Route 72, Manahawkin, NJ 08050
Sundays 11:00-Noon
Contact Sheri W. (732) 604-1325 ; sscatuorchio@comcast.net

Co-dependents Anonymous: Co-Dependents Anonymous is a fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships.

National Phone # 602-277-7991

DUAL DIAGNOSIS

Double Trouble Double Trouble in Recovery (DTR) is a twelve-step fellowship of men and women who share their experiences, strengths and hopes with each other so that they may solve their common problems and help others to recover from their addiction(s) and manage their mental disorder(s).

www.doubletroubleinrecovery.org ; National Phone # 718-373-2684

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Dual Recovery Anonymous - a 12 Step Fellowship -A 12 Step self-help program is based on the principals of the Twelve Steps and the experiences of men and women in recovery with a dual diagnosis. The DRA program helps with recovery from both chemical dependency and emotional or psychiatric illness by focusing on relapse prevention and actively improving quality of life. In a community of mutual support, members learn to avoid the risks of alcohol and drug use as well as reducing the symptoms of emotional or psychiatric illness. The primary purpose of DRA is to help one another achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders. Web site: <http://www.draonline.org/> National Phone # 877-345-3357

FAMILIES: TWELVE STEP SUPPORT GROUPS

“Naranon”

Support groups for loved ones of the drug addicted
Call “Naranon Worldwide” to get phone number of a group near you.
215-938-5140 or 800 477.6291

“Alanon”

Support group for loved ones of alcoholics and other drugs. For Pennsylvania counties of Bucks, Delaware, Montgomery, Philadelphia and Chester County, call for meeting schedule and locations.
215-222-5244 National: 1-888-425-2666 Monday thru Friday, 8 am – 6 pm ET

Pennsylvania:

PHILADELPHIA - Al-Anon Info Serv of Delaware Valley
(215-222-5244) 4021 Walnut St, 19104, www.aisdv.org

Delaware:

Mary-Del Tri-Cty Info Serv
(866-460-4070) PO Box 561, Northeast, MD 21901

Maryland:

NORTHEAST - Mary-Del Tri-Cty Al-Anon Info Serv,
(MD#: Harford 410-836-6209/ Cecil 410-398-2004 (DE# 866-460-4070)
PO Box 561, 21146, www.marydelalanon.org

New Jersey:

Intergrupo Hispano de Al-Anon & Alateen
(973-268-1260), PO Box 201, Cedar Grove, 07009,
intergrupohispanodenj@yahoo.com (**Spanish**)

North Jersey Info Serv
(973-744-8686) 73 S Fullerton Ave, 2nd Fl, Montclair, 07042,
www.northjerseyal-anon.org, northjerseyais@yahoo.com

South Jersey Info Serv
(856-547-0855) 116 White Horse Pike, Haddon Heights, 08035-1928,
sjis@southjerseyal-anon.org, www.southjerseyal-anon.org

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

GAMBLERS ANONYMOUS

Council on Compulsive Gambling of PA, website www.pacouncil.com. Providing speakers, workshops, seminars and information on gambling problems

Pennsylvania

Erie Hotline Number: (814) 897-1073

Delaware Valley Intergroup Hotline Number: (855) 222-5422 or (215) 987-3723

Philadelphia Hotline Number: (888) 442-7085

Pittsburgh Hotline Number: (412) 281-7484

Delaware

Delaware Hotline Number: (888) 442-7085

Maryland

Maryland Hotline Number: 888-GA-HELPS (888-424-3577)

New Jersey

New Jersey Hotline Number: (877) 99GA4NJ (877) 994-2465

Southern New Jersey Hotline Number: 855-2 CALL-GA (855-222-5542)

Help Lines

1-800-GAMBLERS

1-800-522-4700

1-973-478-4065

Meetings in or near Chester County:

East Goshen PA

Tuesdays, 7:30 pm

United Church of Christ

Route 352 and Greenhill Rd.

East Goshen PA 19380

Trappe, PA

Thursdays, 7:30 pm

St. Luke's Church of Christ

200 W. Main St.

Collegeville, PA 19426

Media, PA

Wednesdays 7:30 pm

1st United Methodist Church

350 West State Road

Media, PA 19063

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Norristown PA

Wednesdays, 7:15 pm
Valley Forge Medical Center
Wolfe Conference Room
1033 W. Germantown Pike.
Norristown, PA 19401

Roxborough PA

Tuesdays, 7:15 pm
St. Timothy's Episcopal Church
5720 Ridge Avenue
Philadelphia, PA 19128

MARIJUANA ANONYMOUS

Marijuana Anonymous: Marijuana Anonymous is a fellowship of men and women who share our experience, strength, and hope with each other that we may solve our common problem and help others to recover from marijuana addiction. This website offers information for in-person meetings, online meetings, and phone meetings. www.marijuana-anonymous.org # 1.800.766.6779

Meetings in Pennsylvania:

Sunday - Philadelphia - 4:20 pm
Holy Trinity Church
1906 Walnut St.
19th & Walnut Streets
Down the steps in the basement
"Philly Bluntless"
Open to all, Non-Smoking

Monday - PITTSBURGH -- 7:00 pm
Onala Recovery Center
1625 West Carson St.
Upstairs, go in front door, make a right, and go up the stairs.
Contact: Kait Steimer 412-758-3859
kaitsthebest@hotmail.com
Open to all, Non-Smoking

Thursday - PHILADELPHIA - 8:15 pm
Holy Trinity Church
1906 Walnut St.
19th & Walnut Streets
Down the steps in the basement
"Philly Bluntless"
Open to all, Non-Smoking

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Friday - GLENMOORE - 7:30 pm
 St. Andrew's Episcopal Church
 7 St. Andrew's Lane
 Open to all, Non-Smoking

Saturday - PHILADELPHIA - 4:00 pm
 MINSEC Outpatient Program
 3768-70 L Street
 Open to all, Non-Smoking, Wheelchair Accessible

Meetings in Maryland:

Friday – BETHESDA – 7:00 pm
 The Del Rey Club
 7611 Clarendon Road
 Open to all, Non-Smoking, Wheelchair Accessible

Meetings in New Jersey:

Wednesday - FREEHOLD - 8:15 pm
 New Attitudes Clubhouse
 45 Throckmorton Street
 "Keep off the Grass"
freeholdmamtg@aol.com
 Open to all, Non-Smoking, Wheelchair Accessible

NARCOTICS ANONYMOUS

Narcotics Anonymous (NA) World Services: NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. Narcotics Anonymous near you www.na.org
 National Phone # 818-773-9999.

Pennsylvania

Philadelphia Area	Phone: 215.629-6757 http://www.philana.naworks.org/	Pennsylvania
Greater Philadelphia Regional Office	Phone: 215.745-9494	Pennsylvania
Greater Philadelphia Regional Helpline	Phone: 215.629-6757 http://www.naworks.org/	Pennsylvania
Eastern Pennsylvania Region	Phone: 866.996-8444 http://www.eparna.org/	Pennsylvania
Tri-State Regional Helpline	Phone: 412.391-5247 http://www.tristate-na.org/	Pennsylvania
Tri-State Regional Helpline	Phone: 888.251-2426 http://www.tristate-na.org/	

1-215-NAWORKS
 1-877-871-9281
 1-610-374-5944
 1-800-397-3680

Greater Philadelphia Region
 Philadelphia Region
 Reading/Pottstown Area
 Harrisburg County

COMMUNITY: MENTAL HEALTH, SUBSTANCE USE AND ADDICTION SERVICES

Delaware:

Free State Region (Eastern Maryland & Delaware)	Phone: 800.317-3222 http://www.fsrna.org/	Delaware
---	--	----------

New Jersey

Ocean Area NA Helpline	Phone: 732.933-0462 http://www.ocanj.org/	New Jersey
New Jersey Statewide	Phone: 732.933-0462 http://www.nanj.org/	New Jersey
New Jersey Statewide	Phone: 732.933-0462 http://www.nanj.org/	New Jersey
Middlesex County Area	Phone: 732.933-0462 http://www.namiddlesexnj.org/	New Jersey
Central New Jersey Area	Phone: 732.933-0462 http://www.cjasc.org/	New Jersey

*Source: Self-help groups information verified via Rebecca Wenner, MSW intern; 12/2012