

**CVAMC: PHYSICAL MEDICINE AND REHABILITATION PROGRAM (PM&R)**

**About Services:** Provides diagnostic and evaluation services, -physical rehabilitation, preventative therapy, palliative therapy and patient health education.

- **Physiatry**-Performs evaluation, prescribes appropriate treatments and makes referrals to therapies as indicated, diagnostic testing through EMG and nerve conduction studies, routine follow up with ongoing therapy.
- **Audiology**-Diagnoses and treats hearing disorders, prescribes and dispenses hearing aids and supplies, counsels Veterans and family members regarding hearing loss and communication strategies.
- **Kinesiotherapy**-Gait training including mobility with Alzheimer's disease, strength and endurance training for inpatients and outpatients, specialty programs, aquatic therapy, edema management, back safety education for employees, weight loss program, fitness and weight training, and mobility prescription.
- **Occupational Therapy**-Evaluate and treat Veterans with a wide variety of medical and psychosocial conditions, focus on activities of daily living with the goal to maximize safety and independence in order to maintain the highest level of functional ability, upper extremity rehabilitation, mobility prescription, skin management through the use of specialty equipment, positioning, education, restraint reduction. Provide opportunities for skill building by offering therapist facilitated community activities. Utilization of therapeutic modalities to address psychosocial goals.
- **Recreation/Creative Arts Therapy**-Provide services designed to meet the physical, cultural, social, and emotional needs of Veterans through recreation, art, music modalities. These include off station programming, leisure education, music interventions, art programming, pet therapy, social events, sport games, horticulture, fitness programming.
- **Physical Therapy**-Evaluate and treat individuals with orthopedic, neurological and cardiopulmonary diagnoses, therapeutic exercise programs, provision of modalities for pain relief and soft tissue mobilization, mobility prescription, assess and train with appropriate walking devices, lower extremity edema reduction.
- **Speech Therapy**-Assessment and treatment of speech/language and swallowing disorders. Completes assessments for swallowing disorders via video fluoroscopic swallowing studies. Makes recommendations for altered diets and offers compensatory strategies for food and liquid intake.

**How do I receive services?** Contact your primary care provider; they will generate a consultation for PM&R Services.

\*Source: Physical Medicine and Rehabilitation info/ Physical Medicine and Rehabilitation information verified via Coordinator/ Supervisor, Jennifer Koehler ; 12/2012